



## Camp Laurelwood Costa Rica Teen Travel Adventure - Summer 2010

Spend this summer on a teen adventure that will provide memories and friends to last a lifetime! Let JADE Expeditions take you on a summer teen travel adventure as we explore the eco-wonderland of Costa Rica!

Expedition Costa Rica is designed to provide informal Jewish educational opportunities to teens ages 14-17 who are seeking a fun and transformative Jewish summer travel experience. Past participants include Camp Morasha, The Cohen Camps (Camp Pembroke, Camp Tel Noar & Camp Tevya), NFTY, Camp Laurelwood, Camp Pinemere and numerous other schools and synagogues.

### What our past campers had to say:

"The trip was exciting, enjoyable and fulfilling; the variety of group activities resulted in an overall great experience." - *Ross H*

"This trip was so much fun and I met so many great people...to sum it up, it was the greatest" - *Jenna M*

"I loved this trip!" - *Sam R*

"JADE Expeditions provided a wonderful Experience for everyone - It was a great time" - *Aleisha L*

"The tour was an incredible balance of natural beauty and of friendship." *Ethan K*



### The JADE Expeditions Philosophy: Exploring Judaism and nature through worldwide adventure travel:



JADE Expeditions provides the chance to see and experience parts of the Americas that showcase the brilliance, beauty and diversity of the Earth and our connection to it as Jews. As we explore, hike, learn, and raft through these regions, we provide our participants with a unique and exciting way of exploring ancient Jewish ecological wisdom as it relates to contemporary Jewish life. K kosher Expeditions combines the thrill and wonder of adventure teen travel with a central tenet of Judaism: care for the earth. Our expeditions incorporate the core philosophy of environmental stewardship while traveling in

some of the most beautiful regions of the Americas.

### Our 18-day Costa Rica summer teen travel adventure is divided into 3 components and ecological zones all combining eco-adventure, bio-study and tikun olam projects.

1. Mountain & cloud forest
2. Rainforest & volcano
3. Beach & costal

### Costa Rica: Adventure & Discovery

There are few places in the world where nature is so exuberant or where the color and variety of the tropics can be so keenly experienced as in Costa Rica. In area it is slightly larger than the state of West Virginia. Despite its small size, Costa Rica contains an incredible ecological diversity that is protected by one of the best-developed conservation systems in Latin America. Join K kosher Expeditions as we explore the natural wonders of Cost Rica.

**Trip Length:** 18 days

**1st Session:**

July 5 - July 22 2010

**Activities:** Include white water rafting, hiking, rainforest and wildlife tours, river cruises, rainforest canopy tours, hanging bridge adventures, hot springs, cultural tours, volcano adventure, bio-science study, surf school, kayaking & snorkel tours, Tikun Olam projects and much more!

### Lodging

**Week 1: Cloud forest lodge:** University of Georgia Monteverde Cloud Forest Campus.

**Week 2 : Rainforest lodges:** Located deep in the rainforests of Central Costa Rica' Sarapiquí area our first lodge is located on the banks of the Sarapiquí River, second lodge is a large private rainforest reserve bordering the Braulio Carrillo National Park.

**Week 3: Beach side eco-resort.** Surrounded by lush tropical gardens, pristine white sand beaches and the deep blue waters of the Pacific, you will be swept away by the natural beauty of this private tropical rain forest and beach resort.

**The JADE Expeditions Experience:** As a division of Expeditions Travel group Inc. JADE has run numerous educational student and teen summer adventure programs for thousands of satisfied participants. JADE Expeditions student tour programs were developed to be unlike other teen programs, but a fun and meaningful teen experience geared to strengthen our participants' Jewish identity and sense of community. We believe that positive Jewish travel experiences at a young age lead to a sense of strengthened identity and future Jewish involvement. Combining this philosophy with fun. Adventure and education can lead to a powerful, memorable and life-changing summer experience.

**Outstanding Educational Content:** JADE's teen programming has been specifically developed as a fun, informal and transformative travel experience building Jewish identity and

**Week 1:** The University of Georgia San Luis Ecology and Biological Station is an integrated eco tourism, research and educational project directed on-site by resident tropical biologists. A



wide range of activities is offered to enrich the stay of each guest: guided and independent walks on extensive trail systems, night hikes, tropical farm activities, reforestation, world-class bird watching with expert guides, photography, swimming, horseback riding, hands-on laboratory, day trips to Monteverde National Park, and a host of cultural activities. The hotel is situated on 175 acres at the head of the San Luis Valley in northwestern Costa Rica. The property borders

the Monteverde Cloud Forest Preserve and shares a stunning diversity of wildlife. This is a birder's paradise: around 200 species of birds occur here. Notable mammals include monkeys, sloths and ocelots. Our bunk house accommodations are comfortable and immaculate with bunk beds in mahogany-paneled dormitory rooms and shared baths.

**Week 2:** Based at our eco-lodge, located deep in the rainforests of Central Costa Rica's Sarapiquí area; is full of splendid opportunities to hike, cruise, raft and explore through lush, mountainous primary rainforest. National Parks and private reserves throughout Sarapiquí maintain the old growth forests with well-kept trails where wildlife freely roams. Guided daily adventures with our naturalists from our base will allow us to explore everything Costa Rica has to offer; from its awe inspiring volcanoes & hot springs, wildlife & bird watching, to pristine waterfalls and rivers. We will work directly with OTS (Organization for Tropical Studies) and Rara Avis for our bio & tikun olam projects.



**Week 3:** Based at a beach side resort. Surrounded by lush tropical rainforest, pristine white sand beaches and the deep blue waters of the Pacific, you will be swept away by the natural beauty of this private tropical rain forest and beach resort. Daily adventures include snorkeling tours, surf school, hiking, Tikun Olam projects, plus much more!

## Itinerary

### Mountain & cloud forest Eco-Adventure

- Day 1 – Mo: Arrive SJO Costa Rica, transfer to eco-lodge & orientation
- Day 2 - Tu: Intro to cloud forest, hiking & UGA bio-program
- Day 3 - We: Hiking & UGA bio-program
- Day 4 - Th: Community service project, evening hike
- Day 5 - Fr: UGA bio-program, transfer to Rainforest lodge, Shabbat in the rainforest
- Day 6 – Sa: Shabbat programming / night visit to Puerto Viejo town
- Day 7 - Su: Whitewater rafting day, pineapple plantation
- Day 8 - Mo: La Selva National Park bio-station & OTS project
- Day 9 - Tu: Arenal Volcano (zip-line , volcano hot springs & Volcano National Park hike)
- Day 10 - We: OTS bio-program & tikun olam project
- Day 11 - Th: Transfer (by tractor & hike) to Rara Avis rainforest bio-lodge
- Day 12 - Fr: Rara Avis rainforest program, waterfall adventure, Shabbat
- Day 13 - Sa: Shabbat programming, free time at the waterfalls
- Day 14 - Su: Transfer to beach resort, beach day

### Eco-Beach Adventure

- Day 15 - Mo: Snorkel & kayak adventure
- Day 16 - Tu: Tikun Olam project, afternoon beach
- Day 17 - We: Surf School
- Day 18 - Th: Depart



community. Tours include a combination of adventure, hands-on "Tikkun Olam" social action programming, meaningful Shabbat programming, interactive seminars and discussions, environmental study, interaction with local indigenous peoples and communities, plus so much more!

**Quality Leadership:** Each JADE tour is staffed with full-time guides/educators who are responsible for all Jewish content, guiding, and logistics. Our trip leaders are naturalists, rabbis, and educators, dynamic and energetic professionals who are experts in engaging teens.

**Premium Accommodations & Amenities:** JADE uses only premium properties for its tours. We choose comfortable, clean, and spacious lodgings, which are suitable for groups. All meals are kosher style and prepared fresh on-site, nutritious, well-balanced, and plentiful. Vegetarian options are always available. JADE strives to provide top quality, healthy food for our groups.

**Safe & Secure Travel:** Through constant site inspections, JADE maintains first-hand knowledge of the surrounding areas and local happenings at each destination. JADE also maintains one of the most comprehensive travel protection policies in the industry, adding to parents' peace of mind. Before each tour, detailed itineraries and contact numbers to our offices both in the US and Costa Rica and lodgings are provided to each participant and their families, along with our 24-hour emergency toll-free contact numbers.

**Religious Observance:** JADE Expeditions programs are Shomer Shabbat. Services will take place on Shabbat, including appropriate low-impact programming during the day.

## Pricing

TBA

**Price includes:** Lodging, full time JADE Expeditions guides, naturalists, and counselors, private bus, daily transfers to activities, all activities listed in the itinerary, camp activities, All kosher style meals and snacks

**Price does not include:** Optional tours and miscellaneous items.

*\*Please note pricing is subject to change.*

Choose JADE Expeditions as your tour operator for your teen summer travel adventure!

JADEexpeditions.com

www.kosherexpeditions.com

Tel: 800-923-2645 or 310-237-0122