

Camp Laurelwood Costa Rica Teen Travel Adventure - Summer 2012

Spend this summer on a teen adventure that will provide memories and friends to last a lifetime! Let JADE Expeditions take you on a summer teen travel adventure as we explore the eco-wonderland of Costa Rica!

Camp Costa Rica is designed to provide informal Jewish educational opportunities to teens ages 14-17 who are seeking a fun and transformative Jewish summer travel experience to some of the world's most exotic and exciting travel destinations. Celebrating our 3rd year in Costa Rica with Camp Laurelwood, this tour includes adventure, science, community service, meaningful Shabbat programming, community and friendship!

What our past campers had to say:

"The trip was exciting, enjoyable and fulfilling; the variety of group activities resulted in an overall great experience." - *Ross H*

"This trip was so much fun and I met so many great people...to sum it up, it was the greatest" - *Jenna M*

"I have never been more happy for 3 straight weeks" -- *Miriam R*

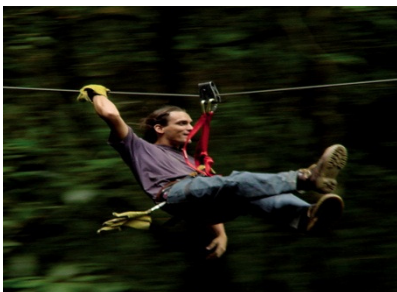
"JADE Expeditions provided a wonderful Experience for everyone - It was a great time" - *Aleisha L*

"The tour was an incredible balance of natural beauty and of friendship." *Ethan K*



The JADE Expeditions Philosophy: Exploring Judaism and nature through worldwide adventure travel:

JADE Expeditions provides the chance to see and experience parts of the Americas that showcase the brilliance, beauty and diversity of the Earth and our connection to it as Jews. As we explore, hike, learn, and raft through these regions, we provide our participants with a unique and exciting way of exploring ancient Jewish ecological wisdom as it relates to contemporary Jewish life. JADE Expeditions combines the thrill and wonder of adventure teen travel with a central tenet of Judaism: care for the earth. Our expeditions incorporate the core philosophy of environmental stewardship while traveling in some of the most beautiful regions of the Americas.



Our 19-day Costa Rica summer teen travel adventure is divided into 4 components in 3 ecological zones all combining adventure, bio-study and tikun olam projects.

Part 1: Discovery & Adventure - The Rainforest: Based at our eco-lodge, located deep in the rainforests of Central Costa Rica's Sarapiquí region, the area is full of splendid opportunities to hike, cruise, raft and explore through lush, mountainous primary rainforest. National Parks and private reserves throughout Sarapiquí maintain the old growth forests with well-kept trails where wildlife

freely roams. Guided daily adventures with our naturalists from our base will allow us to explore everything Costa Rica has to offer; from its rain & cloud forests, wildlife & bird watching, to pristine waterfalls and rivers. The group will also take part in a number of community based social and eco action (Tikun Olam) service programs.

Part 2: Bio & Eco-Discovery - The Rainforest: Our bio-study program led by scientist and biologists will take place at Earth University; a private, international, non-profit university offering an education in agricultural sciences and natural resources in order to contribute to sustainable development in the humid tropics. Two hundred new students from around the world enter its Bachelor Degree program each year. The EARTH educational model is based on four pillars: social commitment, environmental awareness, an entrepreneurial mentality, and the development of human values.

Trip Length: 19 days

Trip Dates
July 1 - July 19 2012

Activities: White water rafting, hiking, rainforest and wildlife tours, canopy tours, hot springs, cultural tours, volcano adventures, bio-science study, surf school, kayaking & snorkel tours, Tikun Olam projects and much more!

Lodging

Week 1 : Rainforest lodges: Located deep in the rainforests of Central Costa Rica' Sarapiquí area our first lodge is located on the banks of the Sarapiquí River. Our second lodge is located deep in the Braulio Carrillo National Park. Here you will be surrounded by pristine old growth rainforest teeming with wildlife.

Week 2: Earth University: We will be stationed for the duration of our Bio & Eco Discovery at the world renowned Earth University as we discover with scientists the wonders and bio-diversity of the tropical rainforest.

Week 3: Volcano-Eco Lodge: Located on the shores of Lake Arenal and the valley of the Caño Negro River, surrounded by the Children's Eternal Rain Forest and the Arenal Volcano Forest Reserve, here you will find a little piece of paradise in a completely self-sustainable eco community. Our gateway to science and adventure.

Beachside Resort. Surrounded by lush tropical gardens, pristine white sand beaches and the deep blue waters of the Pacific, you will be swept away by the natural beauty of this private tropical rain forest and beach resort.

The JADE Expeditions Experience: As a division of Expeditions Travel group Inc. JADE has run numerous educational student and teen summer adventure programs for thousands of satisfied participants. JADE Expeditions student tour programs were developed to be unlike other teen programs, but a fun and meaningful teen experience geared to strengthen our participants' Jewish identity and sense of community. We believe that positive Jewish travel experiences at a young age lead to a sense of strengthened identity and future Jewish involvement. Combining this philosophy with fun. Adventure and education can lead to a powerful, memorable and life-changing summer experience.

Part 3: Adventure & Science - The Volcano:

Experience the wonders of the Arenal Volcano with guided hikes and adventures as we view its spectacular volcanic eruptions. Here the natural beauty of the rain forest merges with the magnificence of one of the most active volcanoes in the world. We will be based at a completely sustainable eco-resort. Here we have the opportunity to learn from world-class scientist about the wonders of the rainforest and living in harmony with nature. Complete with volcanic hot springs, yoga classes and adventure right outside your front door this is unique paradise you will never forget!

Part 4: Costal Adventure - The Beach:

Surrounded by 750 acres of lush tropical rainforest, pristine white sand beaches and deep blue waters, you will be swept away by the natural beauty of this private tropical rain forest and beach resort. Daily adventures include kayak tours, rainforest adventures, Tikun Olam projects, surf school, plus much more!



Itinerary

- Day 1 – Su: Arrive SJO Costa Rica, transfer to eco-lodge & orientation
- Day 2 - Mo: Intro to the rainforest, hiking
- Day 3 - Tu: Adventure day: Whitewater rafting, rainforest horseback adventure
- Day 4 - We: Community service project
- Day 5 - Th: Rainforest national park adventure
- Day 6 - Fr: Rainforest waterfalls & adventure, Shabbat
- Day 7 - Sa: Shabbat in the rainforest, rainforest hike
- Day 8 - Su: Earth University bio-program
- Day 9 - Mo: Earth University bio-program, sports
- Day 10 - Tu: Earth University bio-program, Spanish speaking with local student body
- Day 11 - We: Volcano science & adventure
- Day 12 - Th: Volcano science & adventure, zip line adventure
- Day 13 - Fr: Volcano science & adventure, waterfall & hot spring hike
- Day 14 - Sa: Volcano science & adventure, Shabbat in the rainforest
- Day 15 - Su: Beach Adventure
- Day 16 - Mo: Beach Adventure, surf school
- Day 17 - Tu: Beach Adventure, community service
- Day 18 - We: Beach Adventure, kayak & snorkel adventure
- Day 19 - Su: Depart

Camp activities: We combine camp activities throughout the duration of the program. These include, ice-breakers, night hikes, sport, dance, yoga, shopping, swimming, community interaction, game nights, plus much more!

Free time: We have specifically chosen our lodging options that are in a spacious safe and controlled environment with numerous amenities where campers can relax , interact and have fun.

Shabbat: Shabbat is a community event where students participate together to create a unique meaningful, and memorable Shabbat experience led by our camp staff & leaders. There will be NO transportation during Shabbat. Shabbat activities will be low impact and in the vicinity of our lodging.

Meals: All meals are kosher style meaning no pork or shellfish products or mixing of milk and meat during a meal. All meals are plentiful and nutritious with large portions of fruits and vegetables with every meal (what Costa Rica is famous for).



Outstanding Educational Content: JADE's teen programming has been specifically developed as a fun, informal and transformative travel experience building Jewish identity and community. Tours include a combination of adventure, hands-on "Tikkun Olam" social action programming, meaningful Shabbat programming, interactive seminars and discussions, environmental study, interaction with local indigenous peoples and communities, plus so much more!

Quality Leadership: Each JADE tour is staffed with full-time guides/educators who are responsible for all Jewish content, guiding, and logistics. Our trip leaders are naturalists, and educators, dynamic and energetic professionals who are experts in engaging teens.

Premium Accommodations & Amenities: JADE uses only premium properties for its tours. We choose comfortable, clean, and spacious lodgings, which are suitable for groups. All meals are kosher style and prepared fresh on-site, nutritious, well-balanced, and plentiful. Vegetarian options are always available. JADE strives to provide top quality, healthy food for our groups.

Safe & Secure Travel: Through constant site inspections, JADE maintains first-hand knowledge of the surrounding areas and local happenings at each destination. JADE also maintains one of the most comprehensive travel protection policies in the industry, adding to parents' peace of mind. Before each tour, detailed itineraries and contact numbers to our offices both in the US and Costa Rica and lodgings are provided to each participant and their families, along with our 24-hour emergency toll-free contact numbers.

