

Dear Parents,

I am so excited about the upcoming 2008 camp season at Camp Laurelwood. My name is Stacey Wyner, APRN. I will be working in the Health Center for the entire camp season this year. I have 11 years experience as a family nurse practitioner and have been in the nursing field for over 14 years. I am also a mom to 4 of my own children.

I wanted to take this opportunity to make everyone aware of some changes in the camp forms and medication distribution through CampMeds. It is very important for all campers and counselors who take daily medications to read through all of the enclosed papers and get your prescriptions in a timely manner. Also the Camp Physical forms have changed to comply with ACA Standards. We are an ACA (American Camp Association) accredited camp and must keep up with the strict standards to provide excellent care to all of our campers and staff.

Please use this checklist to assure that all of your child's medical papers are complete. It is very important to have all the required paperwork in before camp begins.

- Camper Health History Form 1 (Parents fill out page 1-3) Please don't forget your insurance info, it is very important.
- Camper HealthCare Recommendations by Licensed Medical Personnel Form 2 (1 page to be filled out by your Health Care Provider) Physicals are good for 24 months but this is a new form and must be filled out even if you handed one in last year. Your provider should be able to fill this out without a visit if your child has had a complete physical in last 24 months.
- Asthma Action Plan if your child has asthma.
- Food/Insect Allergy Action Plan if your child requires medication for treatment of allergies to food or insect (i.e. antihistamine and/or epipens).
- CampMed Forms: if your child takes daily and as needed medications. Please read all the forms carefully. Time is of essence! Don't let your child come to camp without needed medication.
- If your child requires an Epi-pen please bring 2 to camp also be sure to contact RuthAnn Orenstein, Camp Director, or myself so that we may discuss your child's needs.

Looking forward to a healthy and fun summer!

Sincerely,

Stacey Wyner, APRN, FNP(C)